

Winter Word Search

Find and circle all of the winter words hidden in the grid



O T H E R M O M E T E R M A
L T E M P E R A T U R E S Q
T X E C O L D Q S L E E T M
W Y F L U R R I E S G U P G
W I F R E E Z I N G R A I N
I I N Q I Z F O G G Y W W A
N B C T F C S U N N Y H I V
D L R E E O I I O C F I N A
C I A C S R R C C E R T D L
H Z I S H T S E L Y O E Y A
I Z N S L I O T C E S O H N
L A Y T N U L R O A T U A C
L R V M L O S L M R S T I H
U D G N U N W H Y Z M T L E

Avalanche
Blizzard
Chilly
Cold
Flurries
Foggy
Forecast
Freezing Rain
Frost
Hail
Ice Storm
Icicle
Icy
Rainy
Sleet
Slush
Snow
Sunny
Temperature
Thermometer
Whiteout
Wind Chill
Windy
Winter Storm

In preparation for the winter season, please remember to follow some simple safety tips to prevent illness and injury:

- Dress children in warm layers when they play out in the cold. Waterproof pants and jackets are great top layers because they keep the wetness from seeping into the other clothing. Be sure to include warm socks, boots, a hat, and gloves.
- Use sunscreen to protect against sunburn because snow can reflect up to 85 percent of the sun's ultraviolet rays.
- Make sure children wear a helmet during winter activities such as sledding, ice hockey, ice skating, skiing, and snowboarding.
- Frostbite occurs when prolonged exposure to cold damages the skin. The most common signs are pale, grey, or blistered skin on the fingers, ears, nose, and toes. Go to the nearest emergency room if you notice any of these symptoms.

To learn more about pediatric home health care, call **800-305-3000**.



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