



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document, including coverage details and out-of-pocket costs at HorizonBlue.com/members or by calling **1-800-355-BLUE (2583)** or the number on the back of your ID card. If you do not currently have coverage with Horizon BCBSNJ you can view a sample policy here, HorizonBlue.com/sample-benefit-booklets. For effective dates on and after November 1, 2015, your benefit booklet will be distributed by your employer or will be made available through Horizon BCBSNJ's Member Online Services. The benefit booklet availability is subject to New Jersey Department of Banking and Insurance regulatory procedures, enrollment, billing and/or activities that may delay the availability of the actual benefit booklet.

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	\$1,500.00 person / \$3,000.00 family for services. True family aggregate.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the Common Medical Events chart for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see Common Medical Events chart for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. For in-network and out-of-network Health providers \$6,350.00 person / \$12,700.00 family.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, penalties for failure to obtain pre-authorization for services and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The Common Medical Events chart describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. For a list of in-network providers , see www.HorizonBlue.com or call 1-800-355-BLUE (2583)	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network. See the Common Medical Events chart for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No. You don't need a referral to see a specialist .	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on the Services Your Plan Does Not Cover chart. See your policy or plan document for additional information about excluded services .



- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000; your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000; you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
	Specialist visit	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
	Other practitioner office visit	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Chiropractic care therapeutic manipulation visit limit coverage is unlimited per benefit period.
	Preventive care/screening/immunization	No Charge.	No Charge.	One routine physical per calendar year.
If you have a test	Diagnostic test (x-ray, blood work)	25% Coinsurance after deductible for Office, Outpatient Hospital, Independent Laboratory.	25% Coinsurance after deductible for Office, Outpatient Hospital, Independent Laboratory.	_____none_____
	Imaging (CT/PET scans, MRIs)	25% Coinsurance after deductible for Outpatient Hospital.	25% Coinsurance after deductible for Outpatient Hospital.	_____none_____

Horizon BCBSNJ: High Deductible Health Plan

Coverage Period: 07/01/2016 - 06/30/2017

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: All Coverage Types

Plan Type: HDHP

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com or call 1-877-680-7793	Generic drugs	30% coinsurance after deductible.	Not Covered	_____none_____
	Preferred brand drugs	30% coinsurance after deductible.	Not Covered	_____none_____
	Non-preferred brand drugs	30% coinsurance after deductible.	Not Covered	_____none_____
	Specialty drugs	30% coinsurance after deductible.	Not Covered	_____none_____
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
	Physician/surgeon fees	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
If you need immediate medical attention	Emergency room services	25% Coinsurance after deductible for outpatient hospital.	25% Coinsurance after deductible for outpatient hospital.	Applies only to emergency room accidental injury and medical emergency.
	Emergency medical transportation	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
	Urgent care	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
If you have a hospital stay	Facility fee (e.g., hospital room)	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval; 20% cutback, and up to a \$1000 maximum penalty applies for non-compliance.
	Physician/surgeon fee	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____
	Mental/Behavioral health inpatient services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval; 20% cutback, and up to a \$1000 maximum penalty applies for non-compliance.
	Substance use disorder outpatient services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	_____none_____

Questions: Call 1-800-355-BLUE (2583) or visit us at www.HorizonBlue.com.

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M/PM (HDHP)

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-800-355-BLUE (2583) to request a copy.

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Substance use disorder inpatient services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval; 20% cutback, and up to a \$1000 maximum penalty applies for non-compliance.
If you are pregnant	Prenatal and postnatal care	25% Coinsurance after deductible.	25% Coinsurance after deductible.	BAYADA does not cover newborns for the first 30 days, unless they are later enrolled in the plan as a dependent.
	Delivery and all inpatient services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval; 20% cutback, and up to a \$1000 maximum penalty applies for non-compliance.
If you need help recovering or have other special health needs	Home health care	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval.
	Rehabilitation services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval; 20% cutback, and up to a \$1000 maximum penalty applies for non-compliance.
	Habilitative services	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval; 20% cutback, and up to a \$1000 maximum penalty applies for non-compliance.
	Skilled nursing care	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval.
	Durable medical equipment	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Prior authorization required for DME rentals or purchases over \$500.00.
	Hospice service	25% Coinsurance after deductible.	25% Coinsurance after deductible.	Requires pre-approval.
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	_____none_____
	Glasses	Not Covered	Not Covered	_____none_____
	Dental check-up	Not Covered	Not Covered	_____none_____

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic Surgery
- Dental care (Adult)
- Hearing aids
- Infertility Treatment
- Long-term care
- Routine eye care(Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Most coverage provided outside the United States. See www.HorizonBlue.com
- Non-emergency care when traveling outside the U.S See www.HorizonBlue.com
- Private Duty Nursing

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-355-BLUE (2583). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Call **1-800-355-BLUE (2583)** or visit www.HorizonBlue.com. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as 'minimum essential coverage.' **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a Minimum Value standard of benefits of a health plan. The Minimum Value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al **1-800-355-BLUE (2583)**.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **1-800-355-BLUE (2583)**.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码**1-800-355-BLUE (2583)**.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' **1-800-355-BLUE (2583)**.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page -----

About these Coverage Examples:

These examples show how this plan might cover medical care in three situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: **\$7,540.00**
- Plan pays \$3,310.00
- You pay \$4,230.00

Sample care costs:

Hospital charges (mother)	\$2,700.00
Routine obstetric care	\$2,100.00
Hospital charges (baby)	\$900.00
Anesthesia	\$900.00
Laboratory tests	\$500.00
Prescriptions	\$200.00
Radiology	\$200.00
Vaccines, other preventive	\$40.00
Total	\$7,540.00

Patient pays:

Deductibles	\$3,000.00
Co-pays	\$0.00
Co-insurance	\$1,060.00
Limits or exclusions	\$170.00
Total	\$4,230.00

Managing type 2 Diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: **\$5,400.00**
- Plan pays \$50.00
- You pay \$5,350.00

Sample care costs:

Prescriptions	\$2,900.00
Medical Equipment and Supplies	\$1,300.00
Office Visits and Procedures	\$700.00
Education	\$300.00
Laboratory tests	\$100.00
Vaccines, other preventive	\$100.00
Total	\$5,400.00

Patient pays:

Deductibles	\$2,420.00
Co-pays	\$0.00
Co-insurance	\$0.00
Limits or exclusions	\$2,930.00
Total	\$5,350.00

Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- Patient's condition was not an excluded or preexisting condition
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments** and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box for each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles** and **co-insurance**. You should consider also contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.